

# Megan W. Broadhead

## COUNSELING & CARE

WWW.MEGANBROADHEAD.COM  
MEGAN@MEGANBROADHEAD.COM  
404.236.9730

LIVING FULLY PSYCHOTHERAPY & CONSULTING  
1459 OXFORD ROAD NE STE 301  
ATLANTA, GA 30307

LAPC - MDIV - MS

### INSURANCE REIMBURSEMENT

Most health insurance policies provide some coverage for mental health treatment. A "statement" (receipt, superbill, claim form) can be given to a client at the time of service rendered or on a recurring monthly schedule. A client can send these "statements" to his/her insurance company for "out-of-network" reimbursement. Insurance companies *do not* provide reimbursement for canceled or missed sessions. MBCC will work with the client to ensure that the insurance company has all of the information needed to process the claim. Please remember that clients (not insurance companies) are responsible for full payment of service fees. By signing this form, the client provides consent to release all information necessary to process insurance claims, as requested by the respective insurance company (further explanation of this is included in MBCC's consent form as well as in the GA Notice Form).

CLIENT NAME \_\_\_\_\_

CLIENT SIGNATURE / DATE \_\_\_\_\_

### CREDIT CARD AUTHORIZATION

I hereby authorize MBCC to charge my credit card as follows:

Card type (circle)      MC                      Visa                      Discover                      AMEX

Name on Card \_\_\_\_\_ CC number \_\_\_\_\_

Exp. date \_\_\_\_\_ CV code (security code) \_\_\_\_\_

Address on file for card \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

I have read, understand and agree to the above fee payment and credit card policy for services provided by MBCC.

CLIENT NAME \_\_\_\_\_

CLIENT SIGNATURE / DATE \_\_\_\_\_

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### BILLING, FEES, & PAYMENT INFORMATION

The standard fee for counseling and psychotherapy service is **\$135**.

I reserve a few openings in my practice for clients who require the financial support of a lower rate. *If you think you may qualify, please inquire about this option.*

### BILLING, PAYMENTS AND CANCELATION POLICY

Please read and initial here        to indicate that you have read and agree with each policy listed below.

1. Payment is due at the time of service. MBCC accepts payment in the following ways:
  - a. Cash, exact change only.
  - b. Checks payable to Megan Broadhead Counseling & Care (or MBCC) can be written for services rendered at the time of session. There is a \$25 fee for returned checks.
  - c. Credit card (Mastercard, Visa, American Express) can be used in two ways for services rendered at the time of session:
    - i. Authorized credit card on file can automatically be charged at the time of service.
    - ii. Client may present a credit card of their choice at the time of service.
2. MBCC has a 24-hour cancellation policy for all initial intake, consultation, and therapy sessions (individual, couples, family, and groups). Components of this policy include:
  - a. Clients are expected to notify Megan of a cancellation via phone or email at least 24 hours prior to their scheduled appointment. Please note that this means 1 full business day before a scheduled appointment. For instance, if clients need to cancel a Monday appointment, they are expected to call or email Megan on the previous Friday to avoid being charged. Should clients call to cancel less than 24 hours in advance, their credit card will be charged for that missed session.
  - b. If clients miss an appointment without notifying their assigned therapist, their credit card will be charged for that missed session.
3. MBCC requires that clients provide current and active credit card information. This information is kept in each client's file and the account is charged in the event of the following:
  - a. A missed appointment or late cancellation (as noted above).
  - b. Returned check fees
4. Sessions begin at the designated time and end approximately 50 minutes later. If clients are tardy to session, an extension of time may not be given.
5. For clients 18 or older a written release of information must be given before any clinical information is shared with the party responsible for remuneration of services rendered (i.e., parents or caregiver).
6. If a client's credit card is not up to date or has been canceled and the account has not been paid for more than 60 days without any attempt for payment arrangements, legal means may be used to secure payment (i.e., collection agencies or small claims courts). Information disclosed during such proceedings include: Clients' name(s), the nature of services provided, and the amount due. If such legal action is necessary, the associated costs will be included in the claim.

*(The information requested in this form will be kept confidential.)*

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**Please check any relevant concerns.**

### THOUGHTS/FEELINGS/ MOOD

Anger/ frustration/ hostility  
Anxiety, nervousness  
Attention, concentration, distractibility  
Confusion  
Depression  
Disliking others  
Emptiness  
Euphoria  
Excessive worry  
Failure  
Fatigue  
Fear  
Grieving (death, loss, divorce, etc.)  
Guilt  
Hearing things other people don't  
Homicidal thoughts  
Intrusive thoughts  
Judgment problems  
Memory difficulties  
Negative thoughts  
Obsessive thoughts  
Oversensitivity to criticism  
Oversensitivity to rejection  
Panic attacks  
Perfectionism  
Sadness  
Seeing things other people don't  
Self-centeredness  
Self-esteem  
Shyness  
Spiritual, religious, or moral issues  
Stress  
Sudden mood changes  
Suicidal Thoughts  
Suspiciousness  
Temper problems  
Thoughts of hurting self or others

### BEHAVIOR

Aggression, Violence  
Alcohol Use  
Argumentative  
Avoidant  
Compulsive behavior/ rituals  
Controlling  
Decreased / lack of sexual interest  
Dependency  
Destruction of property  
Drug use- prescription, over-the-counter, street  
Eating Problems  
Financial problems, debt  
Gambling  
Hyperactivity  
Internet problems  
Irresponsibility  
Isolation  
Legal problems  
Letting others take advantage of you  
Lying  
Not able to relax  
Pornography  
Preoccupation with sex  
Procrastination  
Purging  
Self - destruction/ sabotaging  
Self-neglect  
Sexual dysfunction  
Smoking  
Stealing  
Threats  
Weight, gain/ loss  
Withdrawal from others  
Loss of interest in what I used to like  
Sleep difficulty  
Loss of appetite  
Overeating

### FAMILY & RELATIONSHIPS

Affair  
Childhood issues (your childhood)  
Divorce  
Friendships  
Housework/ chores  
Interpersonal conflicts  
Parenting  
Problems with child(ren)  
Problems with spouse/ partner  
Separation

### ABUSE

Abuse of alcohol  
Abuse of drugs  
Emotional abuse by another  
Emotional abuse of another  
Financial abuse  
Neglect  
Physical abuse by another  
Physical abuse of another  
Sexual abuse by another  
Sexual abuse of another  
Verbal abuse

### WORK & SCHOOL

Absenteeism  
Career concerns, goals, choices  
Difficulty with coworkers  
Difficulty with supervisory  
Performance  
Tardiness  
Procrastination  
School problems

### OTHER CONCERNS

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(The information requested in this form will be kept confidential.) I have no problems or concerns bringing me here.

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1. Please describe the emotional atmosphere in your childhood home (e.g. displays of affection, parent's relationship, conflict, etc.)

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2. Is there a history of alcohol and/or drug abuse in your family of origin? \_\_\_\_ Yes \_\_\_\_ No  
If yes, please describe:

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3. Is there a history of emotional problems and/or treatment in your family of origin? \_\_\_\_ Yes \_\_\_\_ No  
If yes, please describe:

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### **V. COUNSELING CONCERNS**

What challenges are you experiencing that led to seeking counseling?

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At this point, what would you like to see happen as a result of counseling?

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Alcohol: \_\_\_\_\_ Marijuana: \_\_\_\_\_  
 Cocaine, Crack: \_\_\_\_\_ LSD: \_\_\_\_\_  
 Inhalents: \_\_\_\_\_ Other: \_\_\_\_\_

3. Have you been concerned or ever felt guilty about your use of drugs/ alcohol? \_\_\_YES \_\_\_NO

4. Has anyone ever expressed concern about your use of drugs/alcohol? \_\_\_YES \_\_\_NO

*If yes, who?* \_\_\_\_\_

5. Have you ever had a DUI? \_\_\_YES \_\_\_NO

*If yes, how many?* \_\_\_\_\_ *When?* \_\_\_\_\_

6. Have you ever felt the need to cut down on your use of drugs/ alcohol? \_\_\_YES \_\_\_NO

#### IV. **FAMILY OF ORIGIN** (*Family in which you were raised*)

	<b>Name</b>	<b>Current Age</b> (Or Age at Death)	<b>Physical and/or Mental Health Illnesses</b> ( <i>cause of death if deceased</i> )	<b>Relationship</b> ( <i>excellent, good, fair, poor</i> )
<b>Mother</b>				
<b>Father</b>				
<b>Brothers &amp; Sisters</b> (list separately)				
<b>Others:</b> (step parents or siblings, grandparents, etc.)				

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5. How would you rate your present health?          *Excellent*          *Good*          *Fair*          *Poor*

6. Current Medication                      Dosage                      Frequency                      Prescribing MD

7. Psychiatrist's Name: \_\_\_\_\_ Psychiatrist's Phone: \_\_\_\_\_

8. Have you ever had counseling or psychotherapy in the past?          YES          NO

If yes, when? \_\_\_\_\_ With whom? \_\_\_\_\_  
\_\_\_\_\_

(FOR WOMEN ONLY)

9. Do you have any notable menstrual experiences (i.e. regarding regularity, pain, emotional experiences)?

10. If your menopause has started, at what age did it start? What signs or symptoms have you had?

11. Anything else about your health history?

### III. CHEMICAL USE

1. Have you or any other family member received help for drug or alcohol dependency?

      YES          NO    If yes, when? \_\_\_\_\_

Where? \_\_\_\_\_

2. Check which of the following you use, and note the amount and frequency of each:

Caffeine: \_\_\_\_\_ - Tobacco: \_\_\_\_\_  
Coffee    Sodas    Other drinks    Pills

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### CLIENT INTAKE INFORMATION FORM

Today's Date: \_\_\_\_\_

#### I. **GENERAL INFORMATION** (please print)

Name: Last: \_\_\_\_\_ First: \_\_\_\_\_ MI: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

#### RESPONSIBLE PARTY (if different than above)

Name: Last: \_\_\_\_\_ First: \_\_\_\_\_ MI: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Do you grant Megan permission to contact you via the email address you listed?

\_\_\_\_\_ YES \_\_\_\_\_ NO

Date of birth : \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Sex: \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_ Other

Racial/ Ethnic Identity:

*American Indian or Alaska Native*

*Asian or Asian Indian*

*Black or African- American*

*Hispanic or Latino*

*Middle Eastern*

*Pacific Islander or Native Hawaiian*

*White*

Marital Status:

*Single*

*Engaged*

*Married/ Partnered*

*Separated*

*Divorced*

*Widowed*

Spouse/ Partner's Name: \_\_\_\_\_ # of years together: \_\_\_\_\_

Place of Employment: \_\_\_\_\_ Job Title: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone #: \_\_\_\_\_ Relationship: \_\_\_\_\_

Religious/ Denominational Preference: \_\_\_\_\_

Referred by: \_\_\_\_\_

May I thank the person? \_\_\_\_\_ Yes \_\_\_\_\_ No

#### II. **MEDICAL & PSYCHOLOGICAL HISTORY**

1. Physician's Name: \_\_\_\_\_

2. Physician's Phone: \_\_\_\_\_

3. Date of last physical: \_\_\_\_\_

4. List physical illnesses or pain/symptoms:

*(The information requested in this form will be kept confidential.)*